Volunteering Opportunities

Within the Tuesday Day Club:

The Day Club is held at Audlem Public Hall Annexe each week between 10am and 3.30pm. It provides a range of social activities and friendship which helps to improve overall health and well being.

Volunteers help provide social support, stimulating activity and conversation as well as helping to prepare and serve a midday meal.

At the Friday Coffee Club:

The Friday Coffee Club meets at the Lord Combermere in Audlem Square every week between 10am and 12 noon for friendship, chat, news and updates with occasional speakers on topic of local interest.

Volunteers help the staff to run the coffee club and to support and chat to the members who attend.

The Befriending Service:

Provides individual support to people who are either housebound or who cannot easily join in social events. We match individual volunteers to provide regular visiting support and friendship. The befriending service also provides support to carers who are looking after a family member.

Voluntary Driving Service:

Our voluntary drivers take a growing number of people to Hospital, Clinics and GP appointments as part of our Medical Transport Scheme and also takes people to the day and coffee clubs. The Medical Transport Service is run by volunteers who also staff our office base each Monday and Thursday mornings between 10am and 12noon in the Public Hall Annexe in Cheshire Street in Audlem [Tel. 01270 747163]

The Carer's Support Group:

The Support Group meets every 2nd and 4th Wednesday between 9.30am and 11.30 am at the Lord Combernere, The Square, Audlem. Volunteers help with organising and supporting activities.

We are looking for people who:

- are friendly and who are interested in talking to people and helping share interests and experiences
- are patient with a good sense of humour and who may also have practical skills to share

We also need voluntary drivers who have:

 a current, clean driving licence who are in good health and who are confident in driving a vehicle with an older or disabled person as a passenger

We will provide induction training which includes:

- How to help people move safely
- Basic Emergency Aid and Food Hygiene
- Safeguarding Vulnerable Adults and Confidentiality

Next Steps:

- We will contact you to discuss what being and ADCA volunteer involves and to answer your questions
- The process does include the requirement to under a DBS Criminal Record check and to provide the names of two referees as we work with vulnerable adults

For more information about becoming a volunteer please contact:

Our Coordinator, Tracey Humphries on 07845495973 or email to *tlhumphries@outlook.com* or leave a message on our office answer phone 01270 747163 and we will get in touch with you.

You can also call into the Day Club or Coffee Club for a chat with staff